

SEWING FOUNDATIONS MATERIALS LIST

V: 12/1/24

A NOTE:

You will not make all of these projects in one session of Sewing Foundations and may choose to make the projects more than once! Often students complete Projects 1 - 5 in one session of the class.

We'll be discussing materials during the first class you are taking Sewing Foundations for the first time you may want to wait until after that class to make your purchases. You can also purchase a material kit from the studio.

Session 1

1. Drawstring Bag



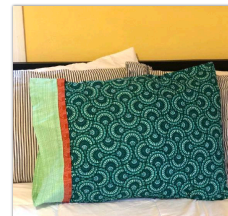
- 1 Fat Quarter (18" x 20") quilting cotton
- 4 ft small cording like rattail or ribbon
- 100% polyester all purpose thread

2. Fabric Basket



- ½ yard quilting cotton or home dec weight for outside
- ½ yard quilting cotton for inside
- ½ yard Pellon Fusible Fleece 987F interfacing
- 100% polyester all purpose thread

3. Pillowcase



- ¾ yard quilting cotton for body*
- 1/3 yard quilting cotton for cuff*
- 4" wide x WOF (width of fabric) for accent*
- *choose a non-directional print
- 100% polyester all purpose thread

4. Zipper Pouch



- 1 Fat Quarter (18" x 20") or quarter yard for outside
- 1 Fat Quarter (18" x 20") or quarter yard for inside
- 1/3 yard Pellon Fusible Fleece 987F interfacing
- 1 9" closed end zipper
- 100% polyester all purpose thread

5. Apron



- 1 yard lightweight home dec fabric for body of apron
- 1/2 yard lightweight quilting cotton for strap and pocket

Session 2+

6. Tote Bag



- If outside fabric is 54" wide: 1/2 yard home dec weight fabric for outside. If outside fabric is 44" wide: ¾ yard home dec fabric
- ¾ yard quilting cotton for inside
- 2 yards 20" wide SF101 interfacing
- 3 yards cotton or poly webbing strapping- 1.5" wide (can't find 1.5" wide? Get what looks best to you!)

7. Corded Pillow Cover



- 2/3 yard quilting cotton or lightweight home dec weight for main pillow
- 1/2 yard quilting cotton or **lightweight** home dec weight for cording
- 7 yard 5/32" piping
- 1 - 18" closed end poly zipper

8. Knit Tee



- 2 yards light to medium weight knit garment fabric like jersey
- 100% polyester all purpose thread.

9. Quilted Placemat (for 4 placemats)



- 1 yard quilting cotton for backing/binding
- ¾ yard per color for quilt top (or assorted scraps at least 5"w and 18" long)
- 1 package craft or crib size cotton batting
- 100% polyester II purpose thread

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Session 3+

A NOTE: Choose from these projects after you've completed your first 9 Sewing Foundations project or if you're feeling confident after the first 5!

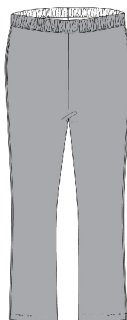
GARMENTS

ELASTIC WAIST SKIRT WITH POCKETS



- Lightweight to Midnight **WOVEN** (not stretchy) fabric:
 - For hips up to 56": 2 yards of fabric (fabric should be at least 42" wide)
 - For hips over 56": 2 yards of 60" wide fabric or 4 yards of 42" wide fabric
- Elastic: waist measurement in length. I prefer wider elastic for a modern look (2-3"). At a minimum choose 1" elastic

PAJAMA PANTS



- See pattern size chart for yardage of woven fabric
- 1 package 1" wide elastic

KNIT T-SHIRT



- See pattern (Lark Tee by Grainline Studio, Concord Tee by Cashmerette, Men/Boys T-Shirt by Jalie) for yardage of knit fabric

BAGS

BENTO BAG



- Outside: 1/2 yard fabric. You have flexibility in fabric. The sample is done up in a midweight seersucker.
- Inside: 1/2 yard fabric. The sample is done up in a lightweight cotton. Avoid using two heavier weight fabrics if you plan on tying a knot at the top.
- Coordinating Thread

RIVET TOTE



- Ask teacher for specific materials list

PARK TOTE



- Ask teacher for specific materials list

HOME/QUILT

INVISIBLE ZIPPER PILLOW



- 1/2 yard woven fabric, quilting cotton or lightweight home dec weight
- 18" *invisible* zipper
- Coordinating thread

QUILT SAMPLER POTHOLDERS

- Ask teacher for specific materials list

HALF SQUARE TRIANGLE QUILT



- Ask teacher for specific materials list